

# Crosscare Update

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OPEN  
Monday – Friday  
9 am - 5.00 pm

Crosscare is the social care agency of the Catholic Archdiocese of Dublin. We have been providing a range of social services since 1941. Our services are open and available to all

For more information visit [www.crosscare.ie](http://www.crosscare.ie)

## Mentoring Programme to help foster Integration

Crosscare is hosting a mentoring programme to bring together migrants who are new to Ireland with people from their local community. The purpose is to provide support around specific needs on a one to one basis. The programme runs for a three month period and applications are open until 15<sup>th</sup> March. If you would like to take part or want to know more about how the programme works or the commitment involved please contact Joe O'Brien at Crosscare Migrant Project at 01-8732844 e-mail: [jobrien@crosscare.ie](mailto:jobrien@crosscare.ie)

## Communication for Children with Special Needs A Series of Presentations for Parents

Facilitation by Speech & Language Therapist James Degabriele

Venue: Crosscare Blanchardstown 7.30 pm – 9.00 pm

4th Mar: Language Development: Expressive Language

11th Mar: Visual Strategies for improving communication

25th Mar: Friendship & Negotiation Skills

These presentations are aimed at parents whose children are under 12 or still in primary school. To book contact Rosemary at Crosscare Carer Support 8360011/086 8269977

## Crosscare Drug and Alcohol Programme: Counselling service

This one-to-one counselling service is available to people over 18 years of age with any concerns arising from drink or drug use. Counselling is available in Crosscare Blanchardstown by appointment and is provided free of charge by 3rd & 4th year Student Counsellors. Call 8360911 to book.

## Free, Confidential Information Service

Monday 2.00 pm – 4.00 pm Crosscare Blanchardstown. Information on a broad range of issues including social welfare entitlements, health board payments, accommodation, emigration or immigration related queries. Confidential, Walk In Service – available to all. Service in different languages is available at our City Centre office – Tel. 01 8726775 Our *Living in Ireland* guide is now available online at [www.livinginireland.ie](http://www.livinginireland.ie)

## Support Service for Parents

Are you a parent caring full time or part time for a child who may have a special need, a disability or long term illness? You are welcome at our Drop In Coffee Break on Thursday 25 March at 3.00 pm – 4.00pm. to meet other parents .

## Weekly Art and Dance Classes

Crosscare Disability Awareness programme hosts Art and Dance classes on Thursdays at Crosscare Blanchardstown. For information call Marie Carroll at 8360011

## ASIST Suicide Prevention Workshop

(Applied Suicide Intervention Skills Training) March 23/24 - 9.00 am – 5.00 pm Crosscare Main Street Blanchardstown. A two day skills building workshop in suicide first aid. Hosted by Crosscare and supported by Dochas. Now booking: Contact Caroline Lennon-Nally, Resource Officer for Mental Health Promotion and Suicide Prevention HSE Dublin North East Tel: 01 8823403 This course is free of charge.

**Community Meeting Room/Training Room** now available at Main Street, Blanchardstown. For booking or to view the room please call 8219892.